

## MASSAGE

**SIGNATURE MASSAGE** | 50 minutes \$135 | 80 minutes \$205

Classic Light Touch Swedish Massage increases circulation and promotes relaxation

**DEEP TISSUE MASSAGE** | 50 minutes \$165 | 80 Minutes \$245

A powerful therapy for those with tense muscle conditions to release deep adhesions and enhance range of motion

**STONE THERAPY MASSAGE** | 50 minutes \$175 | 80 minutes \$250

The ancient art of healing brings relief to tense muscles, aching joints, and stressed minds

**PRENATAL MASSAGE** | 50 minutes \$145

A safe yet effective massage designed for you and your baby that focuses on traditionally tired areas associated with pregnancy

**REFLEXOLOGY** | 30 minutes \$85 | 50 minutes \$160

Specific pressure points on the feet are stimulated, encouraging the body to find its own energy path and release blockages which may be the source of pain or discomfort

**SWE-THAI MASSAGE** | 50 minutes \$175 | 80 minutes \$245

An innovative style of massage combining advance soft tissue therapies with passive yoga style stretching.

**COUPLES CANDLE MASSAGE** | 50 minutes \$300

Relax with your loved one with two glasses of champagne followed by a calm soothing aromatherapy massage

**BAMBOO MASSAGE** | 50 minutes \$175 | 80 minutes \$245

The massage therapist will knead, roll, and tap bamboo sticks for a full body massage, freeing your muscles of tension and stimulating your circulation.

**SPORTS MASSAGE** | 50 minutes \$180 | 80 minutes \$250

heavy pressure is applied to the body to release those tired and sore areas and trigger point therapy along with stretching to increase mobility

**SCALP TREATMENT** | 30 minutes \$60

Ease tension and relax the mind with this therapeutic scalp massage accompanied with Argan Oil

## BODY

**MILK AND HONEY** | 30 minutes \$85 | 50 minutes \$145

Our signature treatment is based on a specialized blend of warm honey, organic sesame oil, and milk applied to the body in a gentle massage

**FULL BODY SLIM DOWN** | 80 minutes \$260

80 minutes of radically energixing exfoliation deep tissue massage to give you a tighter more toned fitter feeling body, ready for action

**WARM WATERFALL TREATMENT** | 50 minutes \$160

Step into our Vichy Rain Drop Therapy Room and exfoliate your body with a blend of sugar, salt and Jojoba oil. Followed by a warm rain gently falling from the suspended showers

**GET WAIST'ED** | 30 minutes \$85

Feel slimmer, tighter and more toned with our specialized massage techniques that resculpt the abdomen, torso and upper arms

**LAVENDER BODY SCRUB** | 30 minutes \$85

This is a detoxifying body exfoliation. A blend of natural sea salts enhanced with lavender and essential oils heals the body and clears the senses

## SKIN CARE

**EARTH FACIAL** | 50 minutes \$150

An organic facial for all skin types with a thorough cleansing, toning, extractions and mask to provide balance and healing.

**AIR FACIAL** | 50 minutes \$160 | 80 minutes \$265

A cutting edge oxygen technology combined with classic methods for a brighter more refined complexion.

**HYDROLIFTING FACIAL** | 50 minutes \$170 | 80 minutes \$250

An exceptional moisturizing treatment with immediate lifting capabilities, leaving your skin glowing with a more youthful appearance.

**COLLAGEN FACIAL** | 80 minutes \$260

Minimizes the appearance of lines and wrinkles with an intensive anti-aging treatment.

**ZEN FACIAL** | 50 mins \$175

A mind body connection, utilizing the healing benefits of natural crystals with our classic facial, creating a peaceful feeling that leaves mind, body and skin in tranquility.

**SUNLESS FULL BODY SPRAY TAN** | 50 minutes \$150

## HANDS & FEET

**SIGNATURE MANICURE** | 30 minutes \$35

Your hands are exfoliated, massaged froomed and polished to perfection, followed by your favorite polish

**SIGNATURE PEDICURE** | 50 minutes \$55

Includes exfoliation, massage and moisturizing treatment on the feet, followed by your favorite polish

**GELERATION MANICURE** | 45 minutes \$65

Includes our signature manicure with the application of Jessica GELeration polish

**GERLEATION PEDICURE** | 75 minutes \$80

Includes our signature pedicure with the application of Jessica GELeration polish

**DELUXE MILK AND HONEY MANICURE** | 45 minutes \$60

Includes our signature manicure followed by a specialized blend of warm honey, organic sesame oil and milk applied in a gentle massage

**DELUXE MILK AND HONEY PEDICURE** | 75 minutes \$90

Includes our signature pedicure followed by a specialized blend of warm honey, organic sesame oil and milk applied in a gentle massage

**POLISH CHANGE HANDS OR FEET** | 15 minutes \$25

## ENHANCEMENTS

**HAND OR FOOT PARAFIN** | \$25

**AROMATHERAPY** | \$30

**EYELASH OR BROW TINTING** | \$45

**EYE OR LIP TREATMENT** | \$30

**OXYGEN BLAST** | \$40

**COLLAGEN MASK** | \$35

**SCALP AND HAIR TREATMENT** | \$35

## WAX

**BACK** | \$55

**BIKINI LINE** | \$50

**BRAZILIAN** | \$90

**CHIN** | \$25

**LIP** | \$20

**EYEBROW** | \$25

**ARM** | \$55

**HALF ARM** | \$35

**FULL LEG** | \$85

**HALF LEG** | \$55

**MEN'S CHEST** | \$80

**MEN'S HALF CHEST** | \$45

**UNDERARM** | \$25

## HAIR STYLING

*available in room*

**CUT** | Styling \$100

**BLOWDRY** | Styling Short \$100

**BLOWDRY** | Styling Medium \$130

**BLOWDRY** | Styling Long \$150

**MEN'S HAIRCUT** | \$65

## MAKE UP

**MAKE UP APPLICATION** | \$80

**MAKE UP APPLICATION** | Airbrush \$125

**LASH APPLICATION** | \$25

*GuyandGirl Spa requires an 8 hours notice to cancel or change appointments once reserved. For your convenience, we add a 20% gratuity to all services and packages. If appointments are canceled with less than 8 hours notice and cannot be rescheduled, the guest will be charged the full cost of the services. Minimum age for spa services is 16. Please arrive at least 15 minutes before your scheduled appointment.*

*PLEASE MAKE APPOINTMENTS IN PERSON OR BY CALLING 305.514.1950 OR EXT. 1950 FOR*